Reflection Assignment (Optional)

1. **How have you noticed your bootcamp knowledge grow or change during Programming Basics?**

When I realized that my ability to work increased every day throughout the week, I realized

 that my bootcamp knowledge was growing. For example, there is a significant difference

 between the number of jobs I completed on the first day and the amount of time it took me to finish it on the last day of the week .

1. **How have you noticed your approach to learning change throughout Programming Basics?**

My approach to learning has so far shifted as a result of my acceptance of stress and my

deep understanding that this is a necessary component of the brain's learning journey.

I also now understand how to manage stress in order to maintain my health and when

 to seek help and reflection

1. **What do you consider your "Mistake of the Week," which was a failure you learned from during Programming Basics?**

I view the first two days of the assignment as my "Mistake of the Week" because I was a little slow to navigate the platform and complete tasks, but with the TA's guidance and the platform's behavioural guidelines, I quickly understood the objectives and took it easy on myself